

NAMU SPA

MASSAGES

Neck, Back, and Shoulder Massage

Provides relief from tension, soothing away stiffness, aches, and pains.

30 minutes: \$75.00 USD

Leg and Foot Massage

Offers improved circulation, relaxation, stress reduction, and pain relief from muscle soreness.

30 minutes: \$75.00 USD

Oriental Thai Massage

Unique style based on traditional Thai massage, incorporating pressure points and stretching movements for a sense of energy and peace.

60 minutes: \$120 USD | 90 minutes: \$180 USD

Essential Oil Massage

A soothing experience with essential oils, easing muscle tension, releasing energy, and relieving stress.

60 minutes: \$110 USD | 90 minutes: \$165 USD

Swedish Massage

Elongates muscles, lubricates joints, decreases swelling, and incorporates stretching techniques for increased fluid range of motion.

60 minutes: \$105 USD | 90 minutes: \$160 USD

Deep Tissue Massage

Uses firm pressure and slow strokes to relieve chronic tension, reduce pain, improve flexibility, enhance posture, and promote relaxation.

60 minutes: \$120 USD | 90 minutes: \$180 USD

Hot Stone Massage

Therapeutic experience with benefits such as deep relaxation, muscle tension relief, improved circulation, and a sense of overall well-being.

60 minutes: \$110 USD | 90 minutes: \$165 USD

The Ellysian Massage

An invigorating fusion of Deep Tissue, Swedish, and Hot Stone techniques for unparalleled relaxation.

60 minutes: \$130 USD | 90 minutes: \$195 USD

FACIALS

Signature Namu Facial

A comprehensive skincare routine featuring aloe vera cleansing, coconut milk moisturizer, and a Belizean cacao mask for hydration, rejuvenation, and a relaxing sensory experience.

60 minutes: \$125.00 USD

Hydrating Seaweed Facial

Utilizing seaweed and aloe vera for hydration, soothing, nourishment, collagen promotion, antioxidant protection, and gentle exfoliation.

30 minutes: \$55 USD | 60 minutes: \$110 USD

Exfoliating Papaya Facial

Offers versatile skincare benefits, including exfoliation, skin brightening, anti-aging, hydration, acne control, scar healing, sun damage protection, and anti-inflammatory effects.

30 minutes: \$55 USD | 60 minutes: \$110 USD

TREATMENTS

Mayan Body Wrap

Indulge in a detoxifying pure chocolate body mask complemented by a soothing scalp massage.

30 minutes: \$85 USD

Coconut Milk Hair Rinse

A luxurious blend of coconut milk, vanilla essence, and enriching oils to rejuvenate and revitalize your hair.

30 minutes: \$65 USD

Namu Body Scrub

Revitalizing exfoliating treatment with a luxurious blend of cacao nibs and sugar for smoother and rejuvenated skin.

60 minutes: \$115 USD

Oriental Body Glow

Ingredients combined with honey, seeds, and green tea to exfoliate dead skin cells, increasing circulation and leaving skin extra soft and hydrated.

30 minutes: \$80 USD

PACKAGES

Ellysian Package *

The Ellysian Massage, Namu Facial, and Namu Body Scrub. Indulge in a luxurious experience based on chocolate, relaxation, and rejuvenation.

3 hours: \$375.00 USD

NAILS

Manicure \$35 USD Pedicure \$65 USD